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Physiatry/Pain Management/Electrodiagnostic Medicine/EMG/Osteopathic Manual Medicine/Addiction Treatment

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### Landmark Report Discusses Benefits And Dangers Of Marijuana Use

The CBS Evening News (01/12/2017, story 9, 1:30pm, Pelley) reported, "Some of the nation's top doctors and public health experts put out a landmark report today on the health effects of marijuana."

USA Today (01/12/2017, Hughes) says a report released Thursday by a federal panel of medical professionals concluded that marijuana "appears to be an effective treatment for chronic pain, nausea and symptoms of multiple sclerosis." The report "says there's 'conclusive or substantial' research backing the effectiveness of cannabis for those three conditions. But it also warns of dangers from marijuana use: an increased risk of car crashes, lower birth weight babies and problems with memory and attention with heavy use." The panel "also found strong connections between heavy cannabis use and the development of schizophrenia and other psychoses."

The AP (01/12/2017, Ritter) reports the National Academies of Sciences, Engineering and Medicine "called for a national effort to learn more about marijuana and its chemical cousins, including similarly acting compounds called cannabinoids." The report stressed the need for more scientific information so that patients, health care professionals and policy makers can have more evidence to make sound decisions.

Respectfully,

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